



LHYSL – Licking Heights Youth Sports League Tackle Football Info Sheet

LHYSL Terms, Disclosures, and Conditions on page 2 below

LHYSL provides a competitive and fun football experience for 1st to 6th graders. We will teach fundamentals, conditioning, discipline, sportsmanship, and teamwork as it pertains to full-contact tackle football.

Each participant will be supplied a certified Helmet, Shoulder Pads, Game Pants (padded), Practice Jersey, and a Game Jersey. Participant is responsible for Mouthpiece, Practice Pants, and Football Cleats (shoes). Socks will be arranged through the Team Mom at a charge.

• Tackle Football program is made up of 3 divisions

- ✓ **Mini Division – 1st & 2nd Graders** (Age eligibility: not 9 yrs before 8/1)
- ✓ **Junior Division – 3rd & 4th Graders** (Age eligibility: not 11 yrs before 8/1)
- ✓ **Senior Division – 5th & 6th Graders** (Age eligibility: not 13 yrs before 8/1)

Each division may have more than one team depending on registration numbers (maroon, gold, white).

• Football General Information

- ✓ A player combine will take place that will last for 2 days (weather permitting). The coaches will run the players through a series of noncontact drills to evaluate their skills.
- ✓ A player draft will take place (usually right after the combine) to pick players to specific teams.
- ✓ Each team will try to have no more than 20 players, if then the division will be split into more than one team. This is at the discretion of the Football director and actual number of players.
- ✓ Each team will have 1 Head Coach and at least 3, up to 6 Assistant Coaches. All coaches will be trained for concussion protocol.
- ✓ There are weight limits for players who can advance the ball for each division.
- ✓ Practices will usually be during the week at LH High School, normally three practices per week. Practice days and location to be determined by the Head Coach.
- ✓ LHYSL will not have 2 consecutive days of contact in full pads (practice or games). Hitting tackling dummies or blocking shields is NOT considered full contact. Those practices will be Helmet only.
- ✓ Transportation to and from practices and games is the responsibility of the Parents.
- ✓ Each team will have a Team Mom. This person is the point of contact for all information, communication, and fundraising efforts for the team.

• Football Game Information

- ✓ LHYSL is in association with the LCLYF (Licking County League Youth Football) and will have home and away games with other teams in Licking County. LCLYF rules apply. Travel is required for away football games and the responsibility of the parents.
- ✓ Games will be competitive with Referees, a game clock, and yard markers on officially marked fields.
 - Mini Field is 60 yds long/35.5 yds wide, 7:00 quarter clock, no kicks/punts, 2 coaches on field
 - Junior Field is full 100 yds, 8:00 quarter clock, no kicks or punts, 1 coach on field
 - Senior Field is full 100 yds, 8:00 quarter clock, no kicks, free punts, no coaches on field
- ✓ Scoring: Touchdown=6 pts., Extra Point Run=1 pt., Extra Point Pass=2 pts., Safety=2 pts.
- ✓ Each player will get a min. of 8-10 plays per game, this is recorded on the field during the game.

The above is informational ONLY. All official rules for game and management are in accordance to LHYSL and LCLYF rules (governed by OHSAA rules). Refer to the LHYSL and LCLYF websites for official documentation.



LHYSL Terms, Disclosures, and Conditions

INFORMED CONSENT I/We accept and understand that the activity (Football / Cheerleading / Wrestling) above involves certain inherent risks, dangers and hazards that may cause serious personal injury necessitating long term care and significantly impairing enjoyment of life or life activities. I/We accept and understand that the above-described injuries and other injuries, including but not limited to: concussions; serious neck and spinal injuries; serious injury to all bones, joints, ligaments, muscles and tendons; contusions; dislocations; sprains; strains; and fractures, may occur as a result of participating in this sport. I/We accept and understand that certain activities such as the act of tackling carry with them a greater inherent risk of injury. I/We understand that the inherent risks of this sport cannot be eliminated without jeopardizing the essential qualities of the sport. I/We have reviewed all of these risks and we understand and appreciate them and still desire to participate in the activity. I/We certify that (registering athlete) has no medical or physical conditions which could interfere with or compromise his/her safety in participating in this activity. I/We authorize qualified emergency medical professionals to examine, and in the event of an injury or serious illness, to administer emergency medical care to the above-named student.

In the event it becomes necessary for Licking Heights Youth Sports League (LHYSL) volunteer staff to obtain emergency medical care for the above-named athlete, I/We understand that neither the volunteer staff member nor the LHYSL organization assumes financial liability for the expenses incurred because of the accident, injury, illness and/or unforeseen circumstances. I/We certify that my household has sufficient medical insurance to facilitate any necessary medical care or resultant care for any injury that may be sustained by the above-named athlete. **HAVING READ THE STATEMENTS ABOVE, ACKNOWLEDGE THAT I/WE HAVE READ THIS DOCUMENT AND FULLY UNDERSTAND THE RISKS ASSOCIATED WITH PARTICIPATING IN THIS VOLUNTARY ATHLETIC PROGRAM. I/WE CERTIFY THAT WE HAVE READ THE ABOVE, UNDERSTAND ITS CONTENT AND WISH TO PARTICIPATE.**

CONCUSSION AWARENESS I/We Hereby Acknowledge that I/We read The Concussion Fact Sheet , and understand that I/We have a responsibility to report my child's symptoms to coaches, administrators and health care provider. I also understand that my child must have no symptoms before return to play can occur.

CARDIAC ARREST I/We acknowledge availability of information about Sudden Cardiac Arrest in youth athletes and Lindsay's Law.

CODE OF CONDUCT By accepting the terms as the Parent/Guardian of the child(ren) participating in the LHYSL program I have registered my child for, I confirm that I have read and acknowledge the information herein and agree to all stipulations outlined in this Parent Code of Conduct and Player Code of Conduct. I/We agree that by accepting I am responsible for my entire family, children, relatives, and my guests that are present at LHYSL events, practices, games or matches.

MEDIA WAIVER I/We hereby grant the LHYSL permission to use, and/or publish in its own or in external publications in print or on line, photographs, pictures, film, video or other similar media (collectively, "Photographs") taken of the participating child in whole or in part, individually or as part of a group for any purpose whatsoever; including, but not limited to, illustration, promotion, art, editorial and advertising.

FEES / FUNDRAISING I/We understand and agree that there is an initial sign-up Fee at the time of registration for all participants in LHYSL. I/We also understand and agree that there will be a Fundraiser obligation for EACH participant. This will be a total of \$50 for two (2) fundraisers to support the league and teams. Option to buy out (\$50) up front is available for each participant should he/she not want to sell the fundraiser items. I/We also understand that it is our responsibility to volunteer and assist the League in fundraising activities such as Concession Stand.

CANCELLATION / REFUND POLICY. No late fees will be refunded. Refunds may take up to 30 days to be processed and issued. If a refund is requested before LHYSL equipment pickup, then 100% of the fees will be refunded. If a refund is requested after start of equipment pickup but prior to the first game or match, then 50% of the fees will be refunded. Refund requests made after the start of the first game or match of the season, then no refund will be issued. If a refund request is made because a player was suspended for the remainder of the season by LHYSL, then no refund will be issued regardless of when the player was suspended.